



EAT HEALTHY, SHOP SMART

Food & Nutrition Program

Free Food | Budgeting | Healthy Cooking Tips & Demonstrations | Couponing





BALTIMORE CITY
 COMMUNITY ACTION PARTNERSHIP
HELPING PEOPLE. CHANGING LIVES.

**Classes Are Every Tuesday at All
 Community Action Centers**

Tuesday, February 3 - March 10 | 5:30 - 7:30pm

REGISTER @ 410-545-6958 or a Community Action Center

Northern-5225 York Rd | Northwest-3939 Reisterstown Rd | Southern-
 606 Cherry Hill Rd | Southeast-3411 Bank St | Eastern-1400 E. Federal St